



ASN Cardiology

Nadish Garg, MD, FASE, FACC

Board Certified in Interventional Cardiology

11914 Astoria Blvd, Ste 100, Houston, TX 77089

3129 Kingsley Dr, Ste 340, Pearland, TX 77584

Phone: 832-328-8551

Primary Fax: 832-328-8613; Secondary Fax: 737-221-5705

Email: cardio.houston22@gmail.com

Preparing for Your Cardiac Catheterization

- No eating, drinking, smoking, or caffeine **after midnight** the night before your scheduled procedure.
- If you are taking sildenafil (Viagra), tadalafil (Cialis), or vardenafil (Levitra), please **STOP taking them 48-72 hours prior** to the procedure.
- If you are taking **Warfarin (Coumadin)** or **any prescribed** or **over-the-counter NSAIDs** (non-steroidal anti-inflammatory drugs) pain relievers (e.g. – Advil, Aleve, Ibuprofen, Mobic, Motrin, etc.), please **STOP taking them 72 hours prior** to the date of the procedure.
- If you are taking **Eliquis, Xarelto, Pradaxa**, please **STOP taking them 48 hours prior** to the date procedure.
- If you are taking an **ACE inhibitor** (lisinopril, captopril, enalapril, etc.) or an **ARB** (losartan, Olmesartan, valsartan, telmisartan, etc.), please **STOP taking them 24 hours prior** to the date of the procedure.
- If you are diabetic, **STOP taking** your diabetic medication **24 hours prior** to the date of the procedure.
 - ****If you take long-acting (basal) or NPH insulin in the morning, please take your FULL dose in the morning the day before the procedure.**
 - ****If you take long-acting (basal) or NPH insulin in the evening, please take HALF of your normal dose the evening before the procedure.**
- If you are currently taking **Aspirin, clopidogrel (Plavix), prasugrel (Effient), or ticagrelor (Brilinta)**, please **CONTINUE taking these medications.**
- **PLEASE TAKE ALL OTHER PRESCRIBED MEDICATIONS, including blood pressure medications (except the ones listed above), the morning of your procedure with a small amount of water.**
- **PLEASE ARRIVE 2 HOURS PRIOR** to your scheduled procedure time.
- Don't forget your health insurance cards and photo ID.
- Someone should be with you to drive you home from the hospital after your procedure. You should also arrange for someone to stay with you at home for the first 24 hours after you are discharged from the hospital.